

# Alma Media Guide

## 2018-19

### ALMA COLLEGE STUNT TEAM

#### QUICK FACTS

Alma, Michigan

Founded: 1886

Enrollment: 1,451

Mascot: Scotty

Colors: Maroon & Cream

Web site:

<http://almascots.com/sports/cheer/>

Mailing Address:

614 W. Superior St.

Alma, Michigan 48801

Media Relations Phone:

989-463-7327

President: **Jeff Abernathy**

Athletic Director: **Steven Rackley**



## Meet the STUNT

### Head Coach – Michelle Sabourin

Michelle Sabourin, USA Cheer's 2014 STUNT Coach of the Year, is in her seventh season as the head coach of the Scots cheerleading and STUNT program. The program has seen tremendous growth and success since the creation of the sport at Alma in 2012.

Sabourin has built the Scots into national contenders at both the NCA and College STUNT Association level. Sabourin's 2016-17 squad won the Intermediate All-Girl III Championship at the 2017 NCA College Nationals for the program's first-ever NCA title. Then in 2018, the team once again took the top spot winning a National Championship in the Advanced All-Girl D3 division. In addition, Alma has appeared at the last six College STUNT Association Championships. The Scots placed second in Division II for both the 2017 and 2018 championships.

Sabourin is a 2018 graduate of Concordia Irving, earning a [Masters](#) degree in Coaching and Athletic Administration as well as a 2009 graduate of Grand Valley State University, where she earned a bachelor's degree in integrated science and also obtained her elementary teacher certification. Sabourin was a four-year letter winner on the nationally ranked Laker Coed Cheer Team. After graduation, she spent three years in Texas teaching fourth grade. Sabourin attended East Kentwood High School, where she was a four-year varsity letter-winner with all-state honors in competitive cheer.



**Michelle Sabourin**  
Head Cheer & STUNT Coach  
Co-SAAC Advisor  
Alma College  
O: (989) 463-7460  
C: (616) 293-0052



## Meet the STUNT

### Assistant Coach – Sarah Michalowski

Sarah Michalowski is a 2018 Alma College graduate and is entering her first season as an assistant coach for the Scots. While at Alma College, Michalowski studied Biology and plans to pursue a career as a Physician's Assistant after coaching. She was a 2-year member and varsity letter winner on the Cheer & STUNT team and helped lead the team to two NCA National Titles. Michalowski also serves as the head coach of the Spirit Squad, who cheer at all home basketball games and campus events.

Prior to Alma, Michalowski attending Saginaw Valley State University and was captain team. Michalowski is a graduate of Midland Dow High School.



# Team Schedule



WINS	LOSSES	TIES
12	2	0








Date	Away Team	Score	Home Team	Score	
+ 01/27/19	Ferris State University	0	Alma College	21	Win
+ 01/27/19	Oakland University	0	Alma College	21	Win
+ 01/27/19	Alma College	11	Davenport University	16	Loss
+ 02/10/19	Alma College	14	Michigan State University	12	Win
+ 02/10/19	University of Michigan	0	Alma College	21	Win
+ 02/10/19	Grand Valley State University	10	Alma College	20	Win
+ 02/17/19	Maryville University	1	Alma College	21	Win
+ 02/17/19	Davenport University	16	Alma College	15	Loss
+ 02/17/19	Michigan State University	10	Alma College	20	Win
+ 02/24/19	Alma College	21	Tiffin University	0	Win
+ 02/24/19	Alma College	21	Hiram College	1	Win
+ 02/24/19	Alma College	21	University of Michigan	1	Win
+ 02/24/19	Alma College	20	Purdue University	0	Win
+ 02/24/19	Olivet College	0	Alma College	21	Win

**STUNT has allowed Alma College to build a strong technical foundation. Creating our program six years ago, we could've never imagined the success that we have found and are honored to be at STUNT Nationals for the fifth consecutive year. We are grateful to USA Cheer for all the support they have given our program!**

**- Coach Sabourin**



# Team Roster

Picture	Athlete	Number	Position	Year in School	Major	Hometown
	Abby Sniecinski	14	Base	Senior (graduating)	Education	Bay City, Mich. / Bay City Central
	Alex Loonsfoot	22	Base	Freshman	Education	Wyoming, Mich. / Wyoming
	Brehanna Ramos	26	Backspot	Senior (graduating)	Sociology/ Public Health	Bay City, Mich. / Bay City Central
	Bri Elliott	28	Base	Freshman	Secondary Education	Walker, Mich. / Grand Rapids Kenowa Hills
	Cassie Waller	24	Backspot	Freshman	Neuroscience	Whitehall, Mich. / Western Michigan Christian
	Chayse Brown	13	Base	Freshman	Education	Allegan, Mich. / Allegan
	Elizabeth Majchrzak	23	Base	Freshman	Communications	Richmond, Mich. / Richmond



Emma Tubbergen

2

Flyer

Sophomore

Biology/Pre-Vet

Holland, Mich. / West Ottawa



Gabby Saum

25

Base

Junior

Nursing

Kentwood, Mich. / East Kentwood



Grace Kueber

18

Flyer

Sophomore

Business/Non-Profit

Northville, Mich. / St. Catherine of Siena Academy



Jessica Hatcher

8

Flyer

Junior

Early Childhood Education

Richmond, Mich. / Richmond



Jilian Jegla

1

Flyer

Senior (graduating)

Business/Accounting

Westphalia, Mich. / Pewamo-Westphalia



Kaitlyn VanHekken

3

Base

Sophomore

Business

Grand Haven, Mich. / Western Michigan Christian



Kam Pacholski

0

Flyer

Junior

Special Education

Lapeer, Mich. / Lapeer



Karrigen Courtney

34

Base

Senior (graduating)

Athletic Training

Mt. Pleasant, Mich. / Mt. Pleasant



Kasey Conn 32 Base Freshman Pre-Med/Biology Breckenridge, Mich. / Breckenridge



Katherine Maiville 27 Backspot Junior Mathematics/ German Onondaga, Mich. / Leslie



Katie Verbrugge 6 Flyer Freshman Spanish Kentwood, Mich. / Caledonia



Kelsey Johnson 30 Base Junior Health Administration Escanaba, Mich / Escanaba Senior



Laura Kastler 7 Base Senior (graduating) New Media Studies/Communications Dearborn, Mich. / Divine Child



Liz Ettinger 12 Base Senior (graduating) Educational Studies Oxford, Mich. / Oxford



Lu Steinfeldt 9 Base Freshman Sports Medicine/ Psychology Camden, Mich. / Camden-Frontier



Mackinley Prentice 16 Base Junior Psychology Portage, Mich. / Portage Northern



Maddy Smith

36

Base

Sophomore

Communications

Midland,  
Mich. /  
Breckenridge



Mary Wolfe

17

Backspot

Freshman

Pre-  
Med/Neuroscience

Westland,  
Mich. /  
Livonia  
Benjamin  
Franklin



Olivia Manke

10

Backspot

Junior

Integrated  
Physiology and  
Health Science

Jackson,  
Mich. /  
Michigan  
Center



Payton Orlikowski

19

Base

Sophomore

Business/ Marketing

Kentwood,  
Mich. / East  
Kentwood



Sam Strickland

33

Base

Senior  
(graduating)

Educational  
Studies/Higher Ed

Mason,  
Mich. /  
Mason



Sara Swaneck

20

Base

Freshman

Psychology/Sociology

Hartland,  
Mich /  
Mercy



Sarah Longo

15

Base

Sophomore

Sociology

Clarkston,  
Mich. /  
Clarkston



Shanna Pitre

11

Backspot

Sophomore

Pre-OT/IPHS

Saginaw,  
Mich. /  
Carrollton



Taryn Winfrey

35

Base

Senior (graduating)

Pre-Med/  
Integrated  
Physiology  
and Health  
Science

Redford,  
Mich. /  
Bradford  
Academy



Tiffany Orin

5

Base

Sophomore

Integrated  
Physiology  
and Health  
Science

Elkhorn,  
Wis. /  
Elkhorn  
Area



Julia Mocere

4

Flyer

Senior  
(graduating)

Education

Muskegon,  
Mich. /  
Mona  
Shores

# Media Information

[almascots.com](http://almascots.com)

## Athletics Media

Twitter: @AlmaScots

Official Athletic Hashtag: #Plaidworks

Instagram Handle: @Almacollegescots

Facebook: /AlmaCollegeScots

Zach Russo

Sports Information Director

989.463.7436

[russozm@alma.edu](mailto:russozm@alma.edu)

## Cheer Media

Twitter: @AlmaCheer

Official STUNT Team Hashtag: #Break7hrough

Instagram Handle: @alma\_cheer